

Expert Insights

The Complete Guide to Full Arch Dental Implant Rehabilitation with All-on-1 Monos

Dr. Jared Van Ittersum

National leader in Mono Dental Implants and co-founder of Infinity Dental Implant Centers and the OPI Institute



DENTAL IMPLANT MAGAZINE

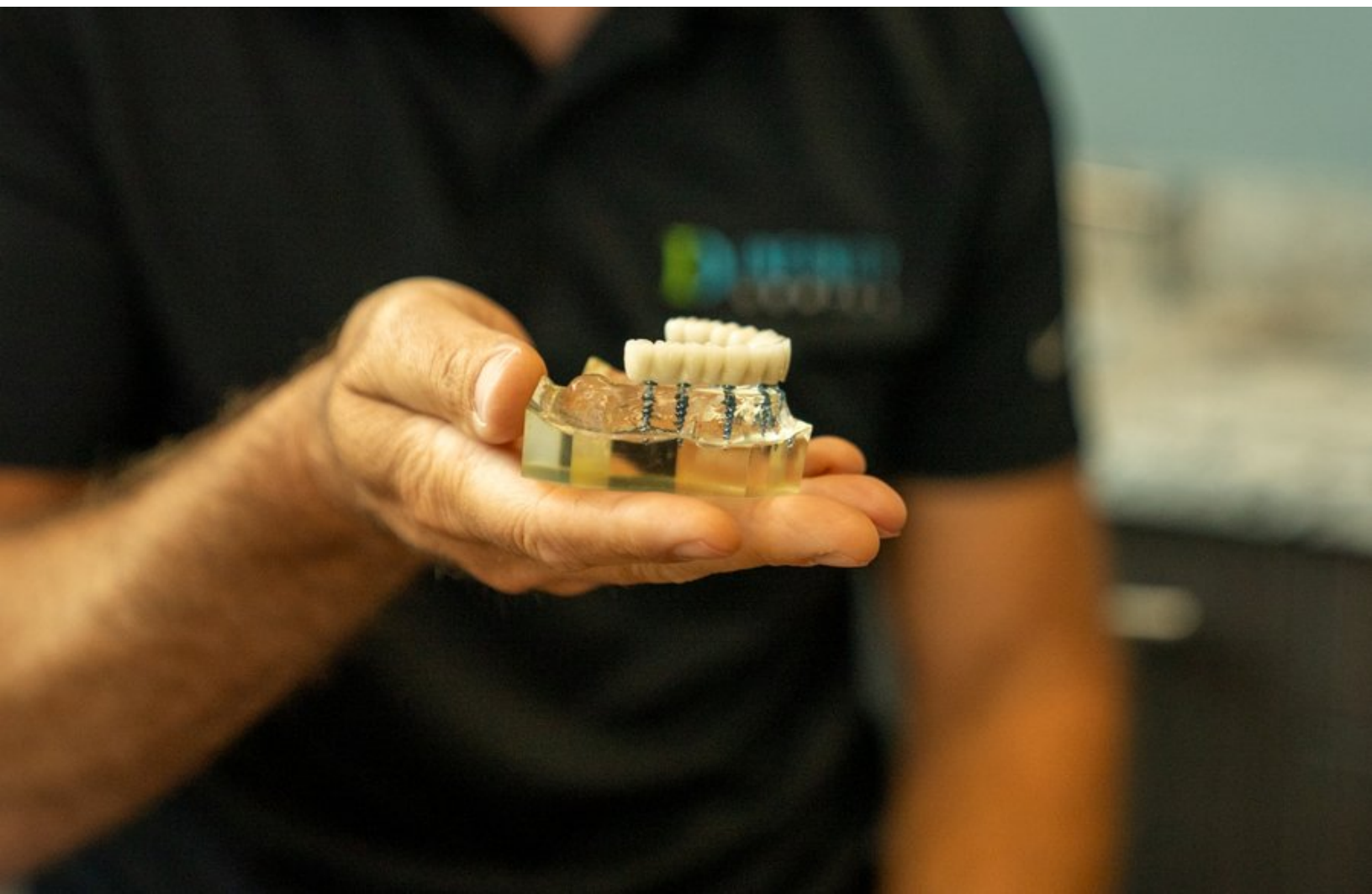
Publication
SytecAI

Date
January 2026

dentalimplantmagazine.com



The Complete Guide to Full Arch Dental Implant Rehabilitation with All-on-1 Monos



Did You Know: The Need for Full-Arch Rehabilitation

Did you know: More than 50 million Americans suffer from significant tooth loss, impacting their nutrition, confidence, and quality of life. To address this, full-arch dental implant rehabilitation has revolutionized restorative dentistry—especially with innovative solutions like All-on-1 Monos, which provide life-changing results faster, less invasively, and at a fraction of traditional costs.

Startling Facts About Full Arch Dental Implant Rehabilitation

The demand for full arch dental implant rehabilitation spans a broad demographic—from young adults in their 20s who have suffered trauma to seniors in their 90s with extensive dental issues. Men and women across the United States who are coping with decayed, infected, or missing teeth seek options that restore both function and confidence. This wide target audience reflects the pervasive oral health challenges affecting millions.

Interestingly, conventional full-arch solutions like the All-on-Four system often come with significant drawbacks: high costs that are nearly double those of alternative options, aggressive surgical procedures that involve removing gum tissue and bone, and lengthy, painful recovery periods. These pain points have historically limited accessibility and patient satisfaction in full arch rehabilitation treatments.

Recognizing these challenges, newer advancements such as the All-on-1 Monos system provide a minimally invasive, more affordable alternative without sacrificing results. This transformative approach addresses critical issues such as postoperative pain, long-term bone preservation, and natural aesthetics, making full-arch rehabilitation a more viable and appealing option for a larger population.

What Is Full Arch Rehabilitation? Understanding the Basics

Full arch dental implant rehabilitation replaces all teeth on the upper or lower jaw with a coordinated system of implants and a fixed prosthesis. The approach aims to restore chewing power, phonetics, facial support, and smile aesthetics while preserving as much natural biology as possible. Modern planning tools, minimally invasive surgical techniques, and advanced materials make this pathway predictable for a wide range of patients who previously relied on removable dentures or suffered with failing dentition.

The Target Audience for Full Arch Dental Implant Rehabilitation

Full arch dental implant rehabilitation primarily serves individuals aged 20 to 90 who face severe dental issues like rampant decay, gum disease, or traumatic injuries. As Dr. Jared Van Ittersum of Infinity Dental Implants explains, "Patients seeking full arch rehabilitation often feel ready for a fresh start—a solution to restore their smile, function, and confidence so they can eat comfortably and smile

proudly." This treatment is versatile, fitting men and women with various dental histories, including car accident survivors and those who have battled chronic periodontal disease. Importantly, it provides an option for people who have traditionally been told they are not candidates for implants due to bone loss or other complications, owing to its minimally invasive nature and flexible implant options.

Common Pain Points Addressed by Full Arch Solutions

Three major pain points motivate patients to seek full arch dental implant rehabilitation. First is cost—full arch treatments are often prohibitively expensive and typically not covered by insurance. All-on-Four can cost nearly twice as much as alternatives, limiting patient access. Second is surgical invasiveness. Traditional methods usually involve significant gum and bone removal, which can cause extensive swelling, pain, and long recovery periods. Third, functionality and quality of life suffer, as patients with failing or missing teeth struggle with nutrition, eating limitations, and social embarrassment from missing or damaged teeth.

The All-on-1 Monos system directly addresses these issues with a less invasive technique, minimizing tissue trauma and accelerating healing, while also reducing financial barriers by being significantly more affordable. This balance of affordability, comfort, and performance sets it apart from traditional full arch solutions.



All-on-1 Monos: A Revolutionary Approach

Key Features of the All-On Monos System

The All-on-1 Monos system is an innovative full-arch dental implant rehabilitation approach designed to be minimally invasive and biologically preserving. It involves placing 8 to 10 mono implants per arch, in contrast to the typical 4 implants in standard systems. This greater number of implants effectively “over-engineers” the implant system, spreading biting forces evenly to enhance strength and longevity. Dr. Jared Van Ittersum, of the OPI Institute, explains, “Our solution does not require gum tissue removal and bone removal, preserving biology while delivering superior results at half the price.” This implant design also ensures a virtually inflammation-free gum tissue interface, minimizing peri-implantitis and promoting long-term bone stability. The system’s prostheses are thinner and more natural-looking, benefiting from the preservation of genuine gum tissue, which traditional, bulkier prostheses emulate less effectively. Using zirconia bridges that blend seamlessly

with the natural gums lends patients a realistic, comfortable feel and superior aesthetics.

“

Our solution does not require gum tissue removal and bone removal, preserving biology while delivering superior results at half the price.

Dr. Jared Van Ittersum, OPI
Institute

Advantages Over Traditional All-On-Four and AOX Systems

- Minimally invasive surgery: No major gum flaps or bone removal needed.
- Better prosthetic aesthetics: Thinner prostheses maintain natural gum interfaces rather than bulky pink acrylic.
- Lower price point: Up to 50% less expensive without compromising durability or function.
- Strong, over-engineered design: 8 to 10 implants per arch ensure better force distribution and longevity.
- Reduced post-op complications: Less swelling, pain, and downtime compared to aggressive All-on-Four surgeries.
- Long-term warranty: 25 years backed by proven European implant technology.



The Rehabilitation Process with All-on-1 Monos

Healing, Osseointegration, and Final Prosthesis Fabrication

Custom Treatment Planning and Surgical Procedure

Every full-arch dental implant rehabilitation journey with All-on-1 Monos begins with a comprehensive, complimentary consultation. Dr. Van Ittersum emphasizes, "We do not have a cookie-cutter approach; each plan is meticulously customized to your mouth's unique anatomy, bone, gums, bite, and smile goals." Following the consultation, advanced imaging such as CBCT scans is performed to assess bone structure and optimize implant positioning. Using digital planning software, the surgical team plans implant placement tailored precisely to each patient's biology. The surgery is typically completed in half a day. Thanks to their minimally invasive nature, implants are placed atraumatically, often immediately following tooth extraction, thereby reducing overall trauma and enhancing healing. Patients leave the procedure with a temporary 3D-printed prosthesis, allowing them to enjoy a natural look and function during the healing phase.

The healing phase spans approximately four months, during which osseointegration occurs—bone fusing with the titanium mono-implants to ensure stability. Patients remain on a soft food diet and wear their temporary prosthesis throughout this period. After the healing phase, precise digital scans capture the positions of the healed implants and the contours of the gum tissue. These data guide the fabrication of the final zirconia prosthesis, crafted with cutting-edge 3D printing and milling technology for strength and lifelike aesthetics. The final prosthesis is then securely bonded onto the implants, completing the transformation. This entire process, from initial consult to final prosthesis delivery, typically takes about six months, balancing precision, aesthetics, and function to maximize patient outcomes.

Outcomes and Benefits of Full Arch Rehabilitation

Measurable Improvements in Function and Quality of Life

The benefits of full arch dental implant rehabilitation extend beyond aesthetics. Patients regain up to 80% of their original bite force, enabling the comfortable consumption of foods like steak, corn on the cob, and fresh fruits — foods often impossible to enjoy with dentures or failing teeth. Pain relief is another critical outcome. Removal of infected or decayed teeth and restoration with stable implants eliminates chronic oral infections and inflammation, leading to dramatically improved oral and systemic health. With pain-free chewing and robust dentition, patients experience better sleep, nutrition, and overall vitality. Studies link better oral function with increased longevity, underscoring the profound impact of full-arch rehabilitation on overall health and wellness.

esteem, job opportunities, and richer interpersonal relationships. Patients report renewed enthusiasm for social events, family gatherings, and dating, as well as the ability to smile freely and speak confidently. The psychological uplift is often described as life-changing and priceless.



Emotional and Social Transformations

Dr. Jared Van Ittersum shares, "Rarely is there a dry eye in the room when patients see their new smile — the confidence and happiness it brings is priceless." Many patients transform from hiding their smiles to radiating joy and assurance in social and professional settings. Restored smiles lead to improved self-



Addressing Common Concerns and Objections

Affordability and Financing Options

Cost is a frequent concern for patients. While full-arch dental implant rehabilitation is a significant investment, All-on-1 Monos offers up to 50% savings compared to traditional systems. Moreover, third-party financing options and flexible monthly payment plans make treatment accessible to most patients. Many patients successfully use financing, retirement funds, or family support to spread costs over time, making affordable care feasible.

Minimally Invasive Surgery and Faster Recovery

The minimally invasive All-on-1 Monos procedure avoids aggressive gum and bone removal, leading to reduced

swelling, bruising, and pain compared to All-On-Four. Many patients resume normal activities within 24 to 48 hours, experiencing a smoother, less painful healing process.

Long-Term Warranty and Maintenance

All-on-1 Monos offers a robust 25-year warranty on both implants and prosthetics, reflecting confidence in durability and success rates. Unlike All-On-Four, this system requires minimal maintenance, with no routine prosthesis removal or costly upkeep fees, reducing lifetime expenses and hassles.

Comparison: All-On Monos vs. Traditional Systems

Feature	All-On Monos	All-On-Four / AOX
Number of Implants	8-10 per arch	4-6 per arch
Surgical Invasiveness	Minimally invasive, no gum/bone removal	Often aggressive with gum and bone removal
Cost	Up to 50% less expensive	Higher cost
Prosthesis Aesthetics	Natural gum tissue interface, thinner prosthesis	Chunky prosthesis with painted pink gums
Post-Operative Recovery	Minimal swelling and pain, quick return to normal life	Significant swelling, bruising, and discomfort
Warranty	25 years	Varies, often less
Maintenance	Low, no frequent prosthesis removal	Requires periodic prosthesis removal and maintenance



Frequently Asked Questions

- What is full arch rehabilitation? A comprehensive dental restoration replacing all teeth on an upper or lower arch with implants and prostheses.
- What is the 3/2 rule for dental implants? A guideline for implant placement number and spacing to optimize load distribution in full arch cases.
- How much does a full mouth rehabilitation cost? Costs vary widely but typically range from \$20,000 to \$50,000 per arch; All-on-1 Monos offers significant cost savings.
- What is the 50-40-30 rule in dentistry? A reference for balancing functional aesthetics, prosthetic volume, and bone preservation in implant planning.

Key Takeaways

- Full arch dental implant rehabilitation with All-on-1 Monos offers a minimally invasive, affordable, and highly effective solution.
- The system uses more implants per arch to over-engineer strength and longevity.
- Patients experience significant improvements in function, aesthetics, and emotional well-being.
- The procedure includes a comprehensive, customized treatment plan and a six-month timeline.
- All-on-1 Monos provides a 25-year warranty and requires less maintenance than traditional systems.



About the Dentist: Dr. Jared Van Ittersum, DDS

Dr. Jared Van Ittersum, DDS, is a pioneering implant surgeon and co-founder of Infinity Dental Implant Centers and the OPI Institute, recognized for advancing biologically conservative full-arch restoration in the United States. His All-on-1 Mono Implant System has redefined clinical efficiency, structural durability, and patient outcomes. A leading voice in next-generation implantology, he trains clinicians nationwide while shaping the emerging standards for minimally invasive, technology-driven smile reconstruction.

Website: <https://drjaredvanittersum.co>